

NASTIER VIRUSES OR WEAKER IMMUNE SYSTEM?



A LOOK AT HOW CHIROPRACTIC CAN INFLUENCE THE GEOGRAPHY OF ONE'S IMMUNE SYSTEM

The main role of our immune system is to protect and fight against infectious organisms, and bar them from entering our bodies. Our immune system is a vital part of us staying healthy, as well as our body being able to function to its potential.

What if we could discover what is weakening OUR IMMUNE SYSTEM and possibly make it stronger? WE CAN!

One of the main causes of immune system problems comes from subluxations (compression of nerve pathways through misalignment in the spine). Chiropractic care aides in the overall health of patients and although adjustments of the spine to not just help to relieve the pain of from back and neck discomfort, these adjustments also aide in our immune system.

For many years chiropractors have claimed that spinal adjustments can help improve the overall health of an individual. There is a growing body of scientific research to support this contention.

There appears to be numerous modes of communication between the nervous system and the immune system. When the chemical signaling pathways are clear, we have enhanced transmission. We create more immune system receptors on cells allowing the immune system to do its job more clearly and effectively.

Many scientists have realized that germs are not the only element in determining who became sick and who remained well. If our bodies can be kept whole and healthy, then the germs, which we come into contact with every day, would have much less significant consequence. One of the goals of chiropractic is to have your body function at such a level that you don't get sick very often—and that when you do, your immune system, stronger because of more efficient body-brain communication, is better able to fight off the disease, letting you recover more quickly.

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Present this handout for a complimentary consultation and neurological assessment in our office on behalf of the person who gave you this article.